

What to do when you find that you are manifesting the negative easier or faster than the positive.

THE KEYS.

1. Make what you CHOOSE to manifest in life LIFE SIZE. Most people who are manifesting negatives easily and struggle with the positives, are making negatives LIFE SIZE and positives SMALL AND TINY in their mind. This can be notice with the size of gestures, if the eyes are wide open or squinting when you imagine it while speaking, and if your breath is full. Big gestures, wide open eyes, and full breathing is what works. Notice how different I sound in the recordings when sharing that.
2. See your IMAGINAL SCENE – THROUGH your own eyes. Do NOT make a movie of it that INCLUDES your ENTIRE BODY.
3. Make sure the ORDER you imagine in, ALWAYS ENDS with positive. Convert a negative – a fall – into something spectacular – inside your mind. Notice how the skateboarders do this NATURALLY.
4. Construct your SINGLE ACT as one that includes touching OTHER PEOPLE. Just touching a THING leaves room for CRAPPY CONVERSATIONS.
5. Congratulatory Conversations – being part of the SINGLE ACT – eliminate any hidden, “what will people think” thoughts inside your mind. Use them WILDLY.
6. Remember the power of TOUCH – and combine it with the Hands and Face. Touch your lovers face, touch your own...
7. Are you REACTING in daily life, FROM the IDEAL YOU? The blackbelt, the best selling author...

The three groups.

Skateboards and people who are very afraid of barking dogs – see themselves in THE ACTION. A barking dog to someone with a dog phobia means BITE. Their mind has them IN the action. This is useful for Nevillizing – which is why people with that phobia tend to become better at manifesting.

Skateboarders see a structure, like snowboarders see a hillside – they see it as an experience, and start to almost AUTOMATICALLY feel themselves into the landscape. Feel yourself into the the scene like they do.

One trick to do that, is to practice making movies – where you SEE THROUGH your own eyes. What most people who are STUCK being unable to manifest – see a movie – with their entire body in it. That creates EMOTIONAL AND ENERGITIC distance.

Remember the language is vital. “What I want...”, keeps it being wanted. “I am walking on the beach, driving the car, shaking the hand” makes it present in the mind – in your energy – in your life.